

FAMILY CONSTELLATION WORKSHOP

SATURDAY, May 25th, 2013 AT 1:30 PM

Systemic Family Constellation Work is a therapeutic process that is based on the understanding that traumatic events from one's family lineage can be transferred into the next generations. Ancestral suffering can emerge in your life and may manifest through illness, addictions, eating disorders and/or destructive relationship patterns.

All members of a family system are deeply connected over many generations. This bond springs from a love that provides strength and a sense of belonging. The bond connects us to a family conscience that wants us to recognize all members of our family, including those who have been outcast, dishonored, or forgotten.

In the constellation process, the unconscious bonding of a person to lineage-related traumatic events is re-enacted, and intentionally redirected.

This workshop explores the theoretical underpinnings of this work which is used extensively throughout Europe in psychotherapeutic and medical settings. The work was first developed in Germany by Bert Hellinger, a psychoanalyst and family therapist.

Family Constellation Work helps you to:

- Make systemic entanglements conscious
- Honor your ancestors and give them their rightful place
- Unburden your current family system and yourself
- Access the remembered love for healing and integration

Sponsor: J. Yusuf Q. Erskine DO - Family Wellness Medical Center

Facilitator: Anneke Hogeland has been a psychotherapist since 1990 and a homeopath since 1996. In her practice she combines her knowledge of psychology, hypnosis, homeopathy, family constellation work, and various forms of energy psychology techniques.

Recommended Readings:

www.Hellinger.com: go to 'English pages,' then to 'Seminars' – There are some verbatim transcripts of constellations done by Bert Hellinger in seminar settings.

In my Mind's Eye by Ursula Franke

The Art and Practice of Family Constellations written by Bert Ulsamer

Love's Hidden Symmetry written by Bert Hellinger with Gunthard Weber and Hunter Beaumont

The Language of Souls by John Payne

Contacts: Family Wellness Medical Center: 707 829 5455 or
Anneke Hogeland, for more information at:
seminars@homeopathywest.com
Anneke@annekeh.com
annekehogeland@gmail.com
TEL: 510-528-4788

May 25th @ 1:30 PM in the afternoon:

*** Location: Dr. Erskine's Home, Sebastopol**

Phone: 707-829-5455 to register

Fees: \$35 to represent, \$150 for a constellation

HomeopathyWest

7829 Terrace Drive, El Cerrito, CA 94530

USA phone or fax: 1-877-850-5078

E-mail: seminars@HomeopathyWest.com

Visit us at: www.homeopathywest.com

Family Wellness Medical Center

Osteopathic Medicine, Homeopathy and HIV Care

1141 Gravenstein Hwy. South

Sebastopol, CA 95472

707-829-5455

Visit us at: www.drerskine.com